

PALM BEACH STATE COLLEGE

Taxation:

Learn basic federal individual tax preparation skills, by hand and by using professional tax software. Upon completion, you will have knowledge of recent tax law changes, overlooked deductions and common tax preparation mistakes.

PC for Seniors:

Just purchased a computer or thinking about it? Need to know the basics? Feel like a dinosaur? Then, this class is for you. You will learn about computer terminology, keyboarding, software programs, the Internet and email. Designed for older adults with no computer experience and taught by our longtime instructor Herb Goodman!

Bookkeeping:

If you are already a bookkeeper - brush up your skills!

Retirement Planning:

Join us to learn how to create a plan to retire early; integrate your finances with your goals and values; use new tax law changes to your advantage; properly allocate your assets within your employer retirement plan; use five investment strategies to minimize risks and maximize returns; ask the right questions when evaluating insurance coverage; ensure your estate plan still functions properly under new laws.

Zumba:

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout system. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA!

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Improv 101:

Learn confidence and social skills so you can improvise and make people laugh. Learn acting techniques, body language, moods and how to use your voice. This will be an acting class that will help you in all walks of life. After all, life is but a stage 😊

Math Basics:

Come refresh your mathematics skills. If numbers —scare|| you, join us. If you have not passed the CPT in math, this is the perfect skill-building class for you. Re-learning these skills will provide tools needed not just for algebra, but also for those math calculations that sneak up on a daily basis.

Cat's Meow:

Discover the mystery and magical facts about cats! These lovable fur balls come from an amazing line of predatory animals. Whether you are thinking about getting a cat or have a cat—this course is designed to make your relationship with a cat a special and lasting one. Join us!

Brain Games:

Join licensed therapist Kim Scheft to learn a fun way to increase the ability of your brain. With a little practice, you will see your memory and learning power improved. Your brain will be more agile. Your increased mental functioning will even help you have better relationships. This class is open to everyone!

Create the Life You Want:

Release old behavior patterns preventing you from creating the life you want. Transform limiting beliefs to develop the courage to do the

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things you have always dreamed of doing. Activities from the book –The Artist's Way|| will be used.

Fun with MS Windows:

Learn how to make a movie using your own digital pictures, you favorite music and special effects; play live radio stations from around the world; download, install and play free games from the Internet; use the recorder to create personalized messages - all using windows software you already have but probably haven't used. Must be familiar with Windows XP or higher as well as files and folders.

Bill Paying ONLINE:

Topics include: organizing your bills, automatic drafts, recurring payment, monthly payments, scheduling payments, budget software examples and online bill paying security. It is a two hour workshop.