

PBSC Flex FINISH

With Flex to Finish, students are encouraged to take an average of 6–11 credits each Fall and Spring term, plus additional credits during the Summer to stay on track to graduate.



AA

ASSOCIATE IN ARTS DEGREE > CAREER PATHWAY

Exercise Science & Health Promotion

1
FALL

	CREDITS	CREDENTIAL
ENC 1101 College Composition 1	3	
HSC 2100 Health Concepts and Strategies	3	
SLS 1501 Introduction to the College Experience	3	

2
SPRING

	CREDITS	CREDENTIAL
BSC 2085 Anatomy and Physiology 1	3	
BSC 2085L Anatomy and Physiology 1 Lab	1	
ENC 1102 College Composition 2	3	
MAT 1033C Intermediate Algebra	4	

3
SUMMER

	CREDITS	CREDENTIAL
CGS 1100 Microcomputer Applications	3	
Humanities (ARH, MUL, PHI, THE Course)	3	
SPC 1017 Fundamentals of Speech Communication	3	

4
FALL

	CREDITS	CREDENTIAL
PSY 2012 General Psychology	3	
HUN 1201 Elements of Nutrition	3	
MAC 1105 College Algebra	3	

5
SPRING

	CREDITS	CREDENTIAL
BSC 2086 Anatomy and Physiology 2	3	
BSC 2086L Anatomy and Physiology 2 Lab	1	
STA 2023 Statistics	3	
HSC 1101 Contemporary Issues in Health	3	
<i>-Or-</i> HSC 2204 Community Health Education		

6
SUMMER

	CREDITS	CREDENTIAL
Humanities (Literature Course)	3	
AMH 2020 United States History from 1865 to Present	3	
<i>-Or-</i> POS 1041 Introduction to American Government		


7
FALL


	CREDITS	CREDENTIAL
CHM 1045 General Chemistry 1	3	
CHM 1045L General Chemistry 1 Lab	1	
DEP 2004 Human Growth and Development	3	


Career and Transfer Outlook





This recommended AA Plan prepares students to continue their career pathway to a bachelor's degree program at PBSC or another state of Florida public college or university. Since institutional pre-requisites may change, please consult with your PBSC Academic Advisor to ensure all entry requirements are met for the transfer institution and program of your choice (i.e. minimum GPA, limited access, and additional requirements or pre-requisite courses).

 Have you spoken with an advisor? Get on track early!

 Take courses in the proper order to stay on track to graduate on time.

 Course to earn a Micro-credential (or certificate).

 Save time & money during Summer Term. Scholarships for those who qualify!

 Resources: Student Learning Centers, Counseling, both Veterans and Disability Support Services, plus Wellness Centers

palmbeachstate.edu/FLEXtoFINISH