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Comparison of Gopher Tortoise (*Gopherus polyphemus*) Burrow Density

in Zones Exposed to Variable Fire Frequency in Jonathan Dickinson State Park, Florida

ALEJANDRO GARCIA¹, JULIANA OSORIO¹, JESSICA MILES^{1,3}, AND NATASHA WARRAICH²

¹*Department of Environmental Science Technology, Palm Beach State College, Palm Beach Gardens, Florida 33410 USA*

²*Jonathan Dickinson State Park, Hobe Sound, Florida 33455 USA*

³ *Corresponding Author. Email: milesj@palmbeachstate.edu*

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24 ABSTRACT.— Gopher Tortoises (*Gopherus polyphemus*) are threatened throughout much
25 of their range, and their populations are under review in Florida and other locations. Fire is a
26 very important aspect of this species' ecology because it supports the growth of the grasses and
27 soft-stemmed plants Gopher Tortoises depend on for food. We conducted transect surveys in
28 Jonathan Dickinson State Park, Florida to determine Gopher Tortoise burrow density in scrubby
29 flatwoods habitat located in zones that were exposed to fire, through prescribed burning, of
30 variable temporal frequency. Additionally, we examined the percentage of burrows that were
31 active, inactive, or abandoned in the zones of variable fire frequency. We found that there were
32 significantly more Gopher Tortoise burrows in transects conducted in high burn frequency zones
33 than in low burn frequency zones, showing that a higher burn frequency for a habitat positively
34 impacts Gopher Tortoise populations. There was no significant difference in the percentages of
35 active, inactive, and abandoned burrows related to burn frequency of the habitat, suggesting that
36 individual burrowing behavior of Gopher Tortoises is not affected by burn frequency.

37 *Key words:* Fire; Flatwoods; Prescribed burn; Transect survey

38 Gopher Tortoises (*Gopherus polyphemus*) are currently listed by the U.S. Fish and
39 Wildlife Service (USFWS) as threatened for populations occurring west of the Mobile and
40 Tombigbee Rivers in Alabama, Mississippi, and Louisiana, and is under review in Florida and
41 other locations (Auffenberg and Franz, 1978; Florida Fish and Wildlife Conservation
42 Commission, 2007). Although threats to the species vary regionally, there is a critical need for
43 information on the status and trends of populations across the range (McCoy and Mushinsky,
44 1992; Mazzotti et al., 2006; US Army Corps of Engineers, 2009; Berish et al., 2012). Abundance

45 estimates are a prerequisite for the listing or delisting of a species and for monitoring the
46 recovery progress; furthermore, estimates of abundance are needed for understanding density-
47 dependent relationships, for parameterizing and evaluating population models, and for
48 formulating or evaluating management programs (Nomani et al., 2008).

49 Although there are a variety of management practices in use for Gopher Tortoises, one of
50 the most important is prescribed fire (Yager et al., 2007; Ashton et al., 2008). Burning xeric
51 habitats reduces hardwood coverage and also stimulates grass growth (Carlson et al., 1993),
52 which is a major food source for the tortoise (Diemer, 1986; State of Florida Department of
53 Environmental Protection Division of Recreation and Parks, 2000). Gopher Tortoises are not the
54 only wildlife that benefit from prescribed fires, as significant increases in land use in recently
55 burned areas have been observed from other wildlife (Main and Richardson, 2002). There are
56 suggestions that Gopher Tortoises will emigrate from an area as the suitability of their habitat
57 decreases (McCoy and Mushinsky, 1994).

58 Populations of *Gopherus polyphemus*, an important (“keystone”) species in upland
59 habitats, have been declining at an alarming rate throughout Florida for some time (McCoy et al.,
60 2006; Smith et al., 2013). However, Gopher Tortoises has been found in scrub, sandhills, wet
61 flatwoods, and disturbed sites within Jonathan Dickinson State Park (JDSP), Florida, which
62 supports many unique natural features and significant cultural resources (State of Florida
63 Department of Environmental Protection Division of Recreation and Parks, 2000).

64 One commonly used method of estimating Gopher Tortoise populations is by conducting
65 direct counts of burrows (Doonan and Epperson, 2001; Waddle et al. 2006). The population
66 counts can involve transect surveys that cover a percentage of the whole area being surveyed or
67 full site surveys covering the entire area can be completed (Smith and Stober, 2010). Based on

68 the survey data, various correction factors are implemented, and Gopher Tortoise populations are
69 then calculated subject to the number of active and inactive tortoise burrows (McCoy and
70 Mushinsky, 1992).

71 The purpose of this study was to calculate the density of Gopher Tortoise burrows in
72 select scrubby flatwoods habitats throughout JDSP and to compare the burrow density to the
73 burn frequency of the selected zones. Although Gopher Tortoises have been documented in
74 scrubby flatwoods, as well as various other habitat types at JDSP, this study represents a more
75 exacting examination of Gopher Tortoise population density at the park in this habitat type. It is
76 predicted that more burrows will be found in zones that have been burned more frequently since
77 suitable Gopher Tortoise habitat depends on a regular interval of prescribed fire to reduce shrub
78 and hardwood encroachment and to stimulate growth of soft-stemmed plants serving as
79 groundcover and food (Carlson et al., 1993; State of Florida Department of Environmental
80 Protection Division of Recreation and Parks, 2000; Florida Fish and Wildlife Conservation
81 Commission, 2013). This study aims to improve knowledge related to how Gopher Tortoise
82 burrow density is correlated to habitat burn frequency and in the determination of how
83 effectively these areas are being managed, in regard to prescribed burning, for the protection and
84 support of Gopher Tortoise populations.

85 This study also examined the ratio of active, inactive, and abandoned burrows in transects
86 in high burn frequency zones compared to transects in low burn frequency zones. We
87 hypothesized that there would be significantly more inactive and abandoned burrows in transects
88 in low burn frequency zones, suggesting that Gopher Tortoises are prone to relocate more
89 frequently in these zones in an attempt find a suitable habitat (McCoy and Mushinsky, 1994;
90 Yager et al., 2007; Ashton et al., 2008). This study's results could be a potential source of

91 knowledge for other state parks or managed areas where Gopher Tortoises are found, helping
92 land managers decide if they want to reintroduce prescribed burning in fire suppressed areas
93 and/or increase or decrease the burn frequency to sustain or influence Gopher Tortoise
94 populations.

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MATERIALS AND METHODS

97 We conducted this study at Jonathan Dickinson State Park (JDSP), which is located in Martin
98 and Palm Beach counties, 19 km south of Stuart on U.S. Highway 1, and covers an area of
99 46,421,247.21 m² (State of Florida Department of Environmental Protection Division of
100 Recreation and Parks, 2000). We surveyed Gopher Tortoise burrow density at JDSP in select
101 land management burn zones that differed in burn frequency as a result of management decisions
102 for prescribed burning at the park. Most zones contain more than one habitat, therefore, only
103 certain portions of each zone were relevant for our study. We sampled zones D06, D07, G05,
104 B15, B19, B26 and C10 because they contained enough scrubby flatwoods habitat to complete at
105 least one full transect and represented varied burn frequency (Fig. 1). Zones D06, D07, B26, and
106 G05 consisted of mostly mesic flatwoods and scrubby flatwoods and had relatively high burn
107 frequency. Zones B15, B19, and C10 consisted of mostly scrub and scrubby flatwoods, and had
108 relatively low burn frequency. This is because there was less scrubby flatwoods in each high
109 frequency burn zone than in each low frequency burn zone, therefore more zones were needed to
110 complete equal amount of transects as those done in low burn frequency zones. Although there is
111 an unequal number of high frequency burn zones to low frequency burn zones, the number of
112 transects were eight for each. Table 1 provides the total area of each zone in meters squared, the

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113 total area of scrubby flatwoods in each zone in meters squared, the number of times each zone
114 has been burned since 1972, and the most recent burn date.

115 Data were collected for this study by Line Transect Distance Sampling (LTDS), which is the
116 most statistically reliable sampling method when an accurate measurement of tortoise population
117 number is needed (U.S Army Corps of Engineers, 2009; Smith and Strober, 2010). As
118 recommended by the Florida Fish and Wildlife Conservation Commission (FWC), transects of
119 16 m (52.5 ft.) wide x 250 m (820 ft.) long (for a 4,046.9 m², or 1 acre area) were used to survey
120 each of the zones. The width of each transect was measured using a tape measure, having two
121 people hold both ends of the tape until the 16 m were reached. The length of each transect (250
122 m) was measured using a GPS unit (GARMIN eTrex Legend).

123 Sixteen transects were completed in total; eight in areas of high burn frequency and eight in
124 areas of low burn frequency (Table 1). These transects were placed on a map using Google Earth
125 Pro. Google maps and a compass were also used to help with orientation and location.

126 At each burrow found, we created and logged a GPS waypoint, took width measurement of
127 the burrow, noted surrounding vegetation, and categorized and recorded the burrow as “Active”,
128 “Inactive”, or “Abandoned” that are defined by the Florida Fish and Wildlife Conservation
129 Commission (2008) as:

130 Abandoned burrow – burrow appears unused and dilapidated. The
131 entrance is partially or completely collapsed, and the burrow is partially or
132 completely filled with leaves or soil. Recent rains, or recent activity by livestock
133 or humans, do not appear to be the primary reason for burrow collapse. There are

134 no trails into the burrow that might indicate that a tortoise recently passed through
135 the leaf litter or that a small tortoise is using a dilapidated, adult burrow.

136 Active burrow – burrow is in good repair, has the classic half-moon
137 shaped entrance, and appears to be in use by a tortoise. These burrows generally
138 have tortoise tracks or plastron scrapes clearly visible on the burrow floor or on
139 the mound. The burrow floor often contains loose soil caused by tortoise activity.
140 The burrow mound is usually clear of vegetation, and it may contain recently
141 excavated soil. For burrow surveys and tortoise density determination, active
142 burrows are combined with inactive burrows to create the potentially occupied
143 classification.

144 Inactive burrow – burrow is in good repair, but does not show recent
145 tortoise use. The lack of tortoise activity may be because of weather or season.
146 These burrows have the classic halfmoon shaped entrance, but the soil on the
147 burrow floor is usually hard-packed, as is the burrow mound. There are no
148 tortoise tracks or recently excavated soil, either on the burrow floor or on the
149 mound. The burrow mound may have vegetation growing on it or be partially
150 covered with fallen leaves. For burrow surveys and tortoise density determination,
151 inactive burrows are combined with active burrows to create the potentially
152 occupied classification. (p.vi, viii)

153 After collecting data in each transect, the total number of Gopher Tortoise burrows for
154 each transect was totaled. Using Microsoft Excel, we performed a Student T-test, assuming
155 unequal variance, at an $\alpha = 0.05$, of the total number of Gopher Tortoise burrows in each transect

156 located in zones of low burn frequency and areas of high burn frequencies. Because active
157 burrows are a good predictor of Gopher Tortoise numbers across populations ($r = 0.90$), we
158 calculated Gopher Tortoise density by dividing the number of active burrows by the area
159 surveyed (McCoy and Mushinsky, 1992). We also performed a Student T-test analysis, assuming
160 equal variance at an $\alpha = 0.05$, of the percentages of active, inactive, and abandoned burrows in
161 high burn frequency zones versus low burn frequency zones.

162 RESULTS

163 We found significantly more ($P = 0.00024$) Gopher Tortoise burrows in high burn
164 frequency transects as compared to areas of low burn frequency (Fig. 1), with a total of 23
165 burrows and a mean of 2.75 burrows in low burn frequency zones compared to a total of 90
166 burrows and a mean of 9.38 burrows in high burn frequency zones. There was a density of four
167 Gopher Tortoises per transect done in high burn frequency zones, and a density of 1.375 Gopher
168 Tortoises per transect done in low burn frequency zones (Fig. 2). There was no significant
169 difference in the percentage of active ($P = 0.95$), inactive ($P = 0.75$), and abandoned burrows (P
170 $= 0.31$) in zones of high burn frequency versus zones of low burn frequency (Fig. 3).

171 DISCUSSION

172 The results show that frequent burns are beneficial to Gopher Tortoises. These results
173 support the stated hypothesis. Frequent burns prevent the growth of hardwoods and stimulate the
174 growth of grasses and other soft-stemmed plants (Carlson et al., 1993). We observed this
175 repeatedly during the surveys. Many times it was difficult to walk the transects in the zones of
176 low burn frequency because of the heavy density of tall woody shrubs. Grasses were infrequently
177 observed in the low burn zones, and the ground was often shaded by the shrubbery above and
178 covered in a layer of leaf litter. This is important given that grasses are a major food source for

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179 Gopher Tortoises, sunlit ground is needed for nesting, and loose soil is needed for burrow
180 construction (Diemer, 1986). It is also worth noting that the dense shrubbery we observed would
181 likely greatly hinder Gopher Tortoise maneuverability.

182 Other research regarding fires in this habitat type state that the greatest benefits come
183 from the most frequent fires, showing that burning an area as often as the fuel within the area
184 permits causes the greatest growth of grasses and other herbaceous plants (Glitzenstein et al.,
185 2003). The present study's data support this hypothesis because Gopher Tortoise burrows were
186 most frequently found in high burn frequency zones.

187 Gopher Tortoise populations have been shown to migration from unsuitable habitat to
188 one that is more suitable (Mushinsky and McCoy, 1994). Previous research has found that
189 Gopher Tortoise density dropped from nine individuals per hectare to zero after 16 years of fire
190 suppression, and other researchers have observed that Gopher Tortoises will migrate to more
191 recently burned areas and establish new burrows (Yager et al., 2007; Ashton et al., 2008).

192 The fact that there was no significant difference between the percent of burrows that were
193 active, inactive, and abandoned between the two groups may suggest that, although the size of
194 Gopher Tortoise populations may differ, the burrowing behaviors of the tortoises in each group
195 is the same. It would appear that the rate that Gopher Tortoises build new burrows, neglect
196 already built burrows, and abandon burrows is not affected by the frequency of fire in their
197 location. One explanation for the possible incongruity of this finding with previous studies
198 showing tortoises emigration and, by extension, burrow abandonment in areas of low burn
199 frequency may involve the locations in which we conducted our surveys. Two of the three low
200 frequency burn zones (B15 and B19) we selected did not border zones of high burn frequency.
201 The other burn zone (C10) bordered by a zone with a relatively higher burn frequency (C09);

202 however, most of the habitat usable to Gopher Tortoises in C09 is not accessible to them from
203 C10 because of a long stretch of swamp close to the border of the two zones. Therefore, it is
204 possible that an increased number of abandoned burrows in transects done in these low burn
205 frequency zones was not observed because Gopher Tortoises will only migrate to more
206 frequently burned habitats if these habitats are in close proximity to their current location.
207 Further research is needed in this regard.

208 This study suggests that for the management of JDSP to improve the density of Gopher
209 Tortoises in the park, it would do well to match the frequency of burns in zones of low frequency
210 with that of zones of high burn frequency. Further studies are needed to support this, as well as to
211 determine if a higher burn frequency throughout the park as a whole could benefit Gopher
212 Tortoise populations. Future research could aim to establish the optimum burn frequency for this
213 habitat type and for this species and that finding would assist land management teams in
214 encouraging an increase in their population size for areas where they are depleted or declining.

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290 Table 1. Burn zone attributes of areas studied at JDSP, including the total area of the zone, area
291 of scrubby flatwoods habitat type (Area SF), year of last burn (YLB), and number of burns since
292 1972 (No. Burns).

Burn Zone Attributes				
Burn Zone	Total Area (m ²)	Area SF (m ²)	YLB	No. Burns
B15	752,715	364,217	2008	3
B19	303,514	149,734	2012	2
B26	232,694	25,293	2015	6
C10	252,928	126,667	2012	3
D06	398,615	50,181	2013	7
D07	238,765	84,984	2013	7
G05	918,636	89,031	2013	7

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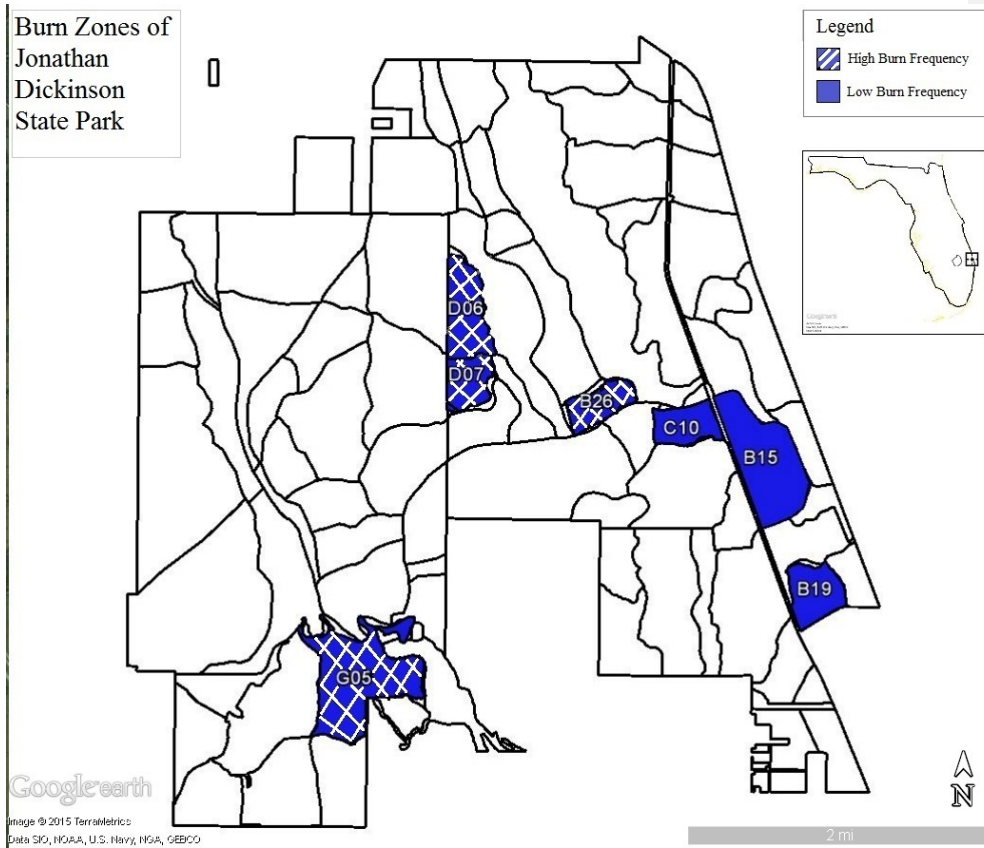
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304 Table 2. Total number of Gopher Tortoise burrows (including active, inactive, and abandoned)
305 found in each transect in high burn frequency zones compared to low burn frequency zones.

Number of Gopher Tortoise Burrows	
High Burn Frequency Transects	Low Burn Frequency Transects
12	2
11	3
11	3
11	3
8	5
12	2
6	4
4	0

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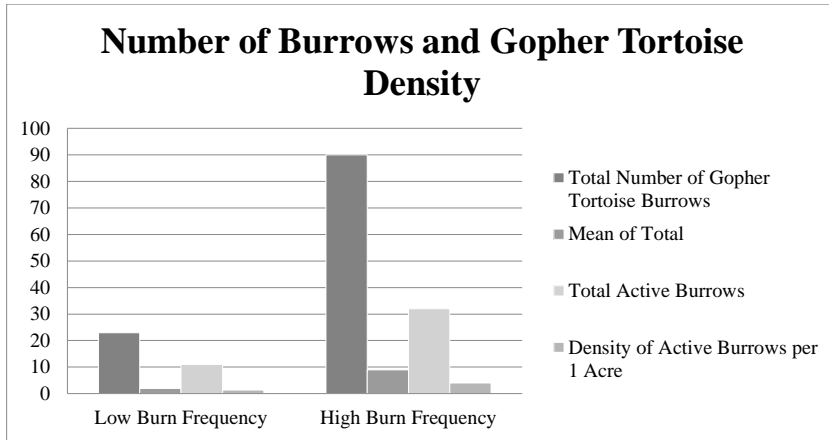


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321 FIG. 1. — Surveyed burn zones of JDSP, showing the zones that were categorized as high burn

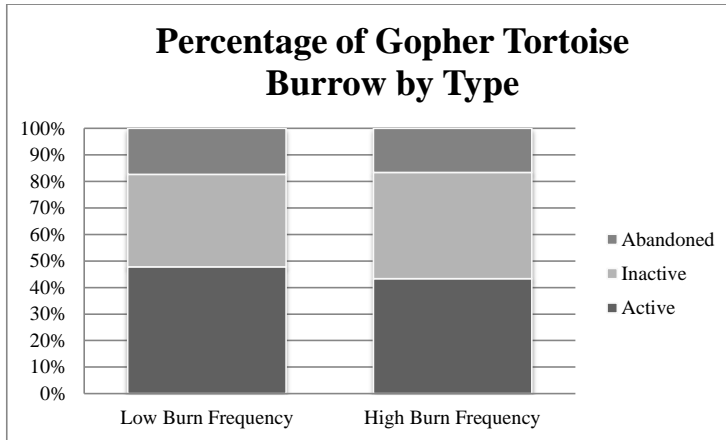
322 frequency versus low burn frequency.

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 325 FIG. 2 — Total number of Gopher Tortoise burrows (including active, inactive,
 326 abandoned), total number of active burrows only, the mean of the total number of burrows found,
 327 and the average density of active Gopher Tortoise burrows per transect (4046.9 m²) found in
 328 zones of high burn frequency and zones of low burn frequency.

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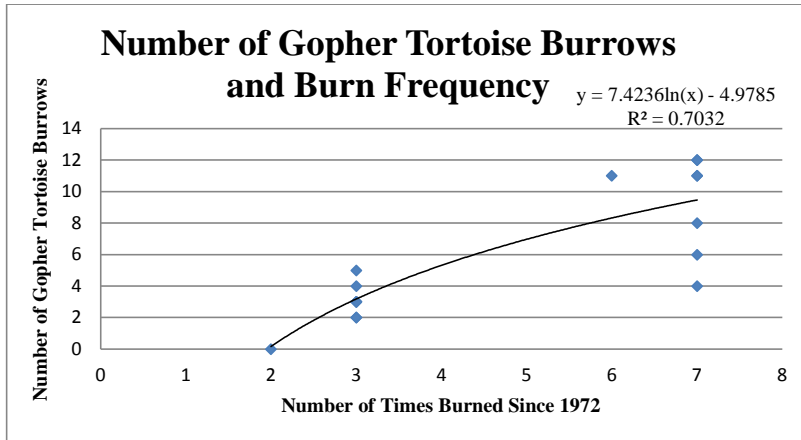
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FIG. 3. — Percentage of Gopher Tortoise burrows by type (active, inactive, or abandoned), in low burn frequency zones and high burn frequency zones.



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343 Figure 4. Scatter plot with a logarithmic trend line and r^2 value of the total number of gopher

344 tortoise burrows per transect related to the total number of burns in that zone since 1972.