NURSING I

COURSE SYLLABUS
DISTANCE LEARNING

NUR 1023DL
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GENERAL CLASS AND COURSE INFORMATION

Course Number: NUR 1023  Class Reference Number:  Term:  2014-1

Course Title: Nursing I  Credit/Contact Hours: 4 Credits

Course Description:
Introduces nursing as a holistic profession, which cares for and supports wellness for one's self and others across the lifespan. At the completion of this course the student will have acquired a variety of "tools" for providing nursing care by utilizing five concepts of human functioning. They are: oxygenation, cellular integrity, regulation, sensory/perception/cognition and mobility. This is accomplished through the creation of "learning environments" which honor and maximize student learning styles. Special fee required.

Course Learning Outcomes: As a result of taking this course, the student will be able to:

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<tr>
<td>1</td>
<td>Utilize historical and theoretical aspects of the nursing profession to explore its evolution.</td>
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<td>2</td>
<td>Maintain the standards of professional accountability, responsibility and ethical standards.</td>
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<td>3</td>
<td>Identify the concepts embodied in Palm Beach State College’s conceptual framework of Imogene King’s “Theory of Goal Attainment.”</td>
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<td>4</td>
<td>Utilize the five-step nursing process to plan for and provide holistic nursing care to clients with actual or potential health problems across the lifespan</td>
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<td>5</td>
<td>Develop a nursing knowledge base by utilizing the five concepts of human functioning.</td>
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<td>6</td>
<td>Utilize critical thinking skills when applying the five concepts of oxygenation, cellular integrity, regulation, mobility and sensory/perception/cognition in the care of clients in acute and Community settings.</td>
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<td>7</td>
<td>Utilize principles of teaching/learning, nutrition, pharmacology, communications, human growth and development and cultural diversity in the application of the nursing process.</td>
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<td>8</td>
<td>Apply a variety of effective communication techniques addressing the personal, interpersonal and social systems of the client, their families and health team members.</td>
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<td>9</td>
<td>Compare and contrast health as it relates to maintaining wellness of self, the individual and family in the ever-changing healthcare delivery system.</td>
</tr>
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<td>10</td>
<td>Participate in the pre-professional organization, Nursing Student Association (NSA), as a means of transition into the profession of nursing.</td>
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Course Outline for NUR1023 – NURSING I

Class Schedules
Full-time Program:
Face to face classes will meet from 2:00 PM (1400) – 4:00 (1600), Wednesday and Thursday in AH101.
Course Syllabus – Distance Learning (Online)

All attempts will be made to maintain this schedule. However, please note that in the event of an unforeseen emergency or circumstances beyond our control, we reserve the right to schedule exams and or instructional activities during other times as necessary as a means to ensure every opportunity for the students to successfully complete the course.

Textbooks Information: Textbooks are listed as Required and Recommended.

Required:

1. Syllabi for NUR 1023DL, NUR 1023L & NUR 1022L posted online.
6. Evolve Case Studies: Complete RN Collection (2 Year Version) with Practice Tests Access purchased at the bookstore or online.
7. Any current Nutrition & Diet Therapy book

Recommended:


You may purchase your textbook(s) at any one of Palm Beach State College’s campus bookstores or online.

The Electronic Essential Nursing Resources Video list is recommended and available in MTIS (Media Technology and Instructional Surveys) located on the first floor of the LLRC. Many streaming videos are available through MTIS.

All students enrolled in a Nursing course are required to obtain and read the current Nursing Student Handbook and the Palm Beach State College Student Handbook. All Nursing students are responsible
for the information contained in these publications. Both of these publications are published on the Palm Beach State College web site.

Web Content Information:
This course has an Internet Component which is on the Blackboard Learn - eLearning Campus.

To pass the course, you must be able to access this web site.

It is the student's responsibility to have accessed this site no later than the semester start date. The web site has a security system which requires a Sign on and a Password. Only registered students will be able to access the course.

To login to the course web site:
User Name & Password: Use your PantherWeb logon information to access your Blackboard web site. Your Palm Beach State College Student ID Number can be found on the back of your student ID card. If you do not have a student ID card, you can obtain one in the bookstore at Lake Worth campus. For obtaining a student ID card on other campuses, check with each campus directly.

What do I do if I forget my password or need assistance with Blackboard?
E-mail the Blackboard administrator. You can also email the Palm Beach State College Student Help Desk. Found on the blackboard sign-in page or contact them by phone at (561)868 4000. Be sure you have the following information available:

- your full name
- your Palm Beach State College Student ID number
- course with the reference number
- details of the assistance needed and any error messages

Student Help Desk Hours of Operation

On hours and days that the Help Desk is closed, the student may leave a voice message or an e-mail and the issue will be addressed the next business day.

"Netiquette Rule" requirements
Refer to the web site for network application. The faculty expectation is for student adherence to the same standards of behavior online that you follow in real life.

PROFESSOR’S CONTACT INFORMATION
CLASS REQUIREMENTS

Assignments: Students who are actively involved in their learning are more successful. Students are expected to complete all course work; homework; and participate in structured class discussions. Homework will include assignments given by the instructor(s) and utilization of the Evolve computer learning packages. Students are expected to sign onto the web site daily, Monday through Friday.

Recommended weekly activities: as assigned by faculty.

Late Assignment Policy: Late assignments are not accepted unless prior arrangements have been approved by the instructor.

Grading Scale & Policy: All students must receive a passing grade in each of the Semester 1 Nursing Courses in order to proceed to the second semester. The following courses are considered Semester 1 courses:

- NUR 1023
- NUR1023L
- NUR1022L
- NUR1141 or NUR 2140

Nursing Department Grading Scale and Policy: for Theory/Lecture Classes

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
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<tr>
<td>90-100</td>
<td>A</td>
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<tr>
<td>83-89</td>
<td>B</td>
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<tr>
<td>75-82</td>
<td>C</td>
</tr>
<tr>
<td>Below 75</td>
<td>F</td>
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All Unit Exams, the Final Exam and the Specialty Exams will be taken on campus in AH 208 on the date and at the time scheduled.

Test, Quizzes & Final Examination Schedule: Grades will be computed as follows:
Standardized testing administered in each course will count as part of the total grade for that course. **In order to pass the course the student must complete the following requirements:**

- Achieve a combined average of 75% on course exams including the comprehensive final exam and the Specialty exam **prior** to adding in the class participation points.

**If the student fails the course, remediation will be accomplished through course repetition. It is strongly recommended that if the online course has been failed, the remediation course is face to face.**

<table>
<thead>
<tr>
<th>Exam 1</th>
<th>10%</th>
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<tr>
<td>Exam 2</td>
<td>10%</td>
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<tr>
<td>Exam 3</td>
<td>10%</td>
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<tr>
<td>Exam 4</td>
<td>10%</td>
</tr>
<tr>
<td>Exam 5</td>
<td>10%</td>
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<tr>
<td>Exam 6</td>
<td>10%</td>
</tr>
<tr>
<td>Specialty Exam in Fundamentals</td>
<td>10%</td>
</tr>
<tr>
<td>FINAL EXAM</td>
<td>20%</td>
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<tr>
<td>Participation: (See a-d below)</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td>100%</td>
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Participation will be calculated as follows:

- **a.** 25% for homework as assigned
- **b.** 10% for mentor visit
- **c.** 25% for Evolve case studies and Practice test as assigned
- **d.** 40% for attendance as verified by discussion participation, and attendance at all other scheduled course meetings, both synchronous and asynchronous.

**Make-up Exam Policy:** Please see Nursing Handbook for standard Nursing policy related to Essay Make-up Exams.

**DISTANCE LEARNING CLASS INFORMATION**

This course is taken in whole via the Internet without usually attending a classroom on campus. Before you decide to take the course under these conditions, it is recommended that you:

- take the following assessments to determine if distance learning is best for you:

  1. **Should I take a distance learning class?**
  2. **Do I have enough time to take a distance learning class?**
  3. **Do I have the technical skills and knowledge to learn online?**

- read the Distance Learning Frequently Answered Questions page which include instructions for logging onto Blackboard, computer requirements, and basic computer skills students must have prior to enrolling a distance learning class.
- read the syllabus description below carefully.
• contact the professor by e-mail or by phone if you have any questions.

**Electronic Device Use**: Laptops and Hand-held devices are allowed in class for note-taking purposes, only. The use of Hand-held devices that are iPod capable are encouraged to facilitate downloadable information as learning strategies and study tools. Audio taping of faculty lectures is encouraged, however videotaping is prohibited. **Cell phones must be turned off in class and are prohibited in the campus Testing Centers.**

**Email Policy**: All students have access to a college email account. It is the responsibility of the student to activate this account in order to be kept current with college, program and course information. College email must be checked at least twice weekly. This course has a web component that has email within the course. Course email should be used for all course-related communications with faculty. Faculty will contact students via college and course email.

**Equipment & Supplies**: Required text books; access to a computer with active Internet service; word processing and printing capabilities are essential to be successful in this class.

**Professor’s Expectations**: The student will observe “Netiquette”; will read the assigned chapters; and will make an appointment with the faculty member at the first indication of a test grade below 75%.

Specific Testing Requirements: **All tests/exams (including online students) will be administered on campus in AH208, at the Lake Worth campus on the date and at the time scheduled.** Please see the Nursing Student Handbook for the Make-up policy for exams. No additional resources are allowed to be used during tests, including notes, technology, other people, or any other means by which a student can gain an unfair or unearned advantage and this will result in test failure. This list is not all inclusive.

**SLC Computer Lab**
If students do not have access to a computer at home, the SLC Computer Lab at a Palm Beach State College campus can be used to complete course assignments. Visit the SLC Computer Lab web for location and hours. It is very highly recommended that NUR1023DL students have ready access to a functional computer.

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**IT IS RECOMMENDED THAT THE STUDENT TAKING THIS COURSE AS AN ONLINE COURSE NOT BE A NOVICE COMPUTER USER. THE STUDENT SHOULD KNOW HOW TO USE A MOUSE, NAVIGATE THE INTERNET, AND SEND/RECEIVE E-MAIL WITH ATTACHMENTS. VISIT THE BLACKBOARD WEB PAGE FOR MORE INFORMATION REGARDING MINIMUM BASIC COMPUTER REQUIREMENTS. IT IS VERY HIGHLY RECOMMENDED THAT STUDENTS HAVE SOLID ONLINE EXPERIENCE PRIOR TO ENROLLING IN THIS ONLINE COURSE.**

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**CLASS POLICIES & METHODOLOGY**

**Attendance**: Professors are required to take attendance. When attending a face to face class, students are required to sign into each lecture, on the record provided, as they enter the classroom to verify their attendance. If the student does not sign the record they are considered absent for that class. Online students are expected to sign onto the course website daily, Monday through Friday, which will be tracked by instructor(s).
All students are expected to attend all classes and clinicals/labs. In the event of an absence due to extenuating circumstances, the student is expected to notify the appropriate faculty member.

Electronic Device Use: Hand-held devices that are iPod capable are encouraged to facilitate downloadable information as learning strategies and study tools. **Cell phones are prohibited in the campus Testing Centers.** Videotaping is forbidden.

**Email Policy:** All students have access to a college email account. It is the responsibility of the student to activate this account in order to be kept current with college, program and course information. College email must be checked weekly, at least. This course has a web component that has email within the course. Course email should be used for all course-related communications with faculty. Faculty will contact students via college and course email, so be certain to check these email accounts for any announcements, updates or changes to coursework.

**Equipment & Supplies:** Required text books; access to a computer with active Internet service; word processing and printing capabilities are essential to be successful in this class.

**Professor’s Expectations:** Students are required to access the course web site daily, Monday through Friday, to check the discussion board and course e-mail for updated information. The student will participate in discussions; will observe “Netiquette”; will read the assigned chapters; will contact the faculty member at the first indication of a test grade below 75%, for faculty mentoring and remediation plans.

**Faculty Mentoring:**
Mandatory face-to-face appointment must be made with your assigned Faculty Advisor to review your portfolio and ensure completion of program requirements. Please bring a current copy of your Unofficial Transcript, the Graduation Audit, and your Portfolio to the appointment. This meeting counts toward your Participation grade, and should be accomplished by the deadline.

**Methods of Instruction:**
1. Selected reading
2. Lectures
3. Demonstrations
4. Discussions
5. Audiovisuals
6. Interactive video software programs
7. Computer-Assisted Instruction
8. Student lead presentations
9. Student group work
10. Journal Articles
11. Study Guides
12. Interactive Educational Activities
13. Internet – Blackboard Learning System
14. Critical Thinking Exercises
15. Simulations

**Evaluation Methods**
1. NCLEX formatted computer exams designed to measure knowledge, application, nursing judgment and critical thinking ability.
2. Specialty Exam
3. Class participation

**Strategies for Success for Nursing Students:**
Course Syllabus – Distance Learning (Online)

1. Read and plan in advance
2. Complete all course work.
3. Utilize resources currently available  
   a. Media Technology Services, Student Learning Center, Learning Groups  
   b. Obtain a peer tutor or join a study group to assist with study techniques  
   c. Schedule an appointment with your advisor to review your Evolve case study results
4. Study groups:  
   a. Form a group for serious study time, all members must come prepared.  
   b. Utilize the strengths of all group members.
5. Visual learners  
   Take notes, recopy notes, take notes from text, and merge them!
6. Auditory learners  
   Use taped lectures, listen again, and discuss material with peers.
7. Do not procrastinate: Especially when it comes to studying, and/or reading.
8. Explore the reference texts  
   a. Test Success By: Nugent and Vitale  
   b. Student Success for Health Professionals Made Incredibly Easy.
   These books are excellent guides for how to read test questions, how to choose the “best” answer, etc. They are available for purchase in the bookstore or for review at the Reference Desk in the LLRC.
9. Look at the “BIG PICTURE”  
   Do you have the commitment to success? How many hours are you working? What are your other life commitments? Are you neglecting your wellness plan? Have you studied effectively? Have you spent quality time with your loved ones?

Specific Testing Requirements:

All tests/exams (including online students) will be administered on campus in AH208, at the Lake Worth campus on the date and at the time scheduled. Please see the Nursing Student Handbook for the Make-up policy for exams. No additional resources are allowed to be used during tests, including notes, technology, other people, or any other means by which a student can gain an unfair or unearned advantage. This will result in a test failure. This list is not all inclusive.

SLC Computer Lab:  
If students do not have access to a computer at home, the SLC Computer Lab at a Palm Beach College campus can be used to complete course assignments. Visit the SLC Lab website for locations and hours.

COLLEGE POLICIES AND WEB INFORMATION

Academic Dishonesty  
Academic dishonesty includes the following actions, as well as other similar conduct aimed at making false representation with respect to the student’s academic performance:

(1) Cheating on an exam, (2) Collaborating with others on work to be presented, if contrary to the stated rules of the course, (3) Submitting, if contrary to the rules of the course, work previously submitted in another course, (4) Knowingly and intentionally assisting another student in any of the above actions, including assistance in an arrangement whereby work, classroom performance, examination, or other
activity is submitted or performed by a person other that the student under whose name the work is submitted or performed, (5) Plagiarism. This list is not all inclusive.

Please refer to the Palm Beach State College Student Handbook

Classroom Etiquette and Student Behavior Guidelines

Students will demonstrate respect for professors and fellow students. Behavior that is disruptive to a positive learning environment reported by the professor will result in a warning on the first instance; the second instance might result in expulsion from the course or campus.

Computer Competency Component

Each student will, to the satisfaction of the instructor, demonstrate a fundamental understanding of basic computer operations through various instructor-determined exercises and/or assignments. These exercises/assignments are included in this syllabus.

Disability Support Services

Students with disabilities are advised, in compliance with federal and state laws, that accommodations and services are available through the office of Disability Support Services (DSS). It is the student’s responsibility to contact Disabled Student Services Advisors and to submit appropriate documentation prior to receiving services.

Eating, Drinking and Smoking

Eating and drinking are confined to areas designated on the campus. Smoking is not permitted in any College building and only in areas designated at each campus.

Student Responsibility Policy

When a student attends the College, s/he becomes subject to its jurisdiction. Students are expected to conduct themselves in a responsible manner, in all areas of campus life. By enrolling, they pledge to obey the rules and regulations of the College and are responsible for observing all College policies and procedures as published in the student handbook, the College catalog and other College publications. The student will be responsible for preparing for class, participating in class, and completing assignments on time.

Palm Beach State College Websites of Interest

Withdrawal Policy for Individual Courses: The last day to withdraw from a College course with a "W" grade in this course is posted on the Academic calendar. It is the responsibility of the student to use the PantherWeb system or visit a campus Registrar’s office to withdraw. Without a formal withdrawal from the courses, lack of attendance will result in failure. An official withdrawal entitles the student to a grade of "W" in the class. Withdrawal or lack of participation in even one nursing course (NUR 1023, NUR 1023L, NUR 1022L, or NUR 1141 or NUR 2140) will result in being removed from all the nursing courses as all nursing course are to be taken concurrently.
Course Syllabus – Distance Learning (Online)

DEPARTMENT CONTACT INFORMATION:

Kellie Bassell, EdD, EdS, RN
Nursing Program Director
AH 110 (561) 868-3412
Fax (561) 868-3452

Disclaimer
Changes may be made to the syllabus at any time during the term by announcement of the professor.
It is the responsibility of the student to make any adjustments as announced.