

*Palm Beach State College*  
*Florida's First Public Community College*



## **FIRST AID KIT PROGRAM**

# PALM BEACH STATE COLLEGE FIRST AID KIT PROGRAM

## 1. PURPOSE

This document sets forth the Palm Beach State College's program for the deployment of first aid kits.

## 2. OSHA REQUIREMENTS

OSHA regulations at Title 19 of the Code of Federal Regulations, Section 1910.151 require that employers ensure the ready availability of medical personnel for advice and consultation on matters of health. In the absence of an infirmary, clinic or hospital in near proximity to the workplace, which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid. Adequate first aid supplies shall be readily available.

## 3. PROGRAM

- Each Palm Beach State College department is responsible for providing and maintaining first aid kits for its employees in sufficient quantities and at locations that make them readily available to its employees.
- The contents of each first aid kit should follow the recommendations contained in American National Standards Institute (ANSI) standard Z308.1-2009, "Minimum Requirements for Workplace First Aid Kits and Supplies", as shown in the table below:

<b>Recommended Minimum Contents for First Aid Kits</b>	
<b>Item and Minimum Size or Volume</b>	<b>Minimum Quantity</b>
Absorbent Compress, 32 sq. in. (No side smaller than 4") <sup>1</sup>	1
Adhesive Bandages, 1" x 3"	16
Adhesive Tape, 3/8" x 2.5 yd. Total	1
Antibiotic Treatment, 0.14 oz. (0.5 g)	6
Antiseptic, 0.14 oz. (0.5 g) Application <sup>2</sup>	10
Burn Treatment, 1/32 oz. (0.9 g) Application <sup>3</sup>	6
First Aid Guide <sup>4</sup>	1
Medical Exam Gloves	2 pair
Sterile Pads, 3" x 3"	4
Triangular Bandage, 40" x 40" x 56"	1

- A unitized first aid kit with the ANSI- recommended contents is available (Item # 4EY91 from Grainger Industrial Supply) through Purchasing which will provide a basic range of products to deal with most types of injuries encountered in the workplace.
- Departments may elect to include more items in the kits they purchase based on the size of the workplace. However, first aid kits should not include oral medications such as aspirin or ibuprofen.

- First aid kits should be regularly inspected to ensure that they are complete, in good condition and have not expired. The contents list for the first aid kits should be periodically reviewed to ensure that it meets the needs of the workplace hazards at all times.

**Notes:**

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<sup>1</sup> Compresses must have an absorbency of at least 2.7 fl. oz. (70 g).

<sup>2</sup> Swabs, wipes or towelettes may be used. Spray containers with a minimum of 10 – 0.14 fl. oz. applications can also be used.

<sup>3</sup> Spray containers with a minimum of six – 1/32 oz. (0.9 g) applications can also be used. For use on minor burns only.

<sup>4</sup> A list of topics to be covered in the first-aid guide can be found in ANSI Z308.1-2009, Appendix A.