MINUTES
Wellness Center Cluster Meeting
August 7, 2012
2:00-3:30 p.m. FT 108

Present: Earl Bryant, Lindsey Swann, Lyn Becker and Laura Henry

ITEM 1. Review and finalize indemnification form: current version and suggested alternative
Discussion: Removing signature, using initials only for recognition of receipt. All approve of new form, which incorporates updates and risk management approval.
Data Source: Indemnification form
Action: Lindsey will distribute, and each facility will begin using in the fall.

ITEM 2. Review and finalize the Policies and Procedures: current version and suggested alternatives
Discussion: All in agreement of policies and procedures. There was discussion about student eligibility for Wellness Center usage when taking CCE or any class less than a semester.
Data Source: Policies and Procedures
Action: Jennifer will determine if Panther Trail has the capability to list CCE classes

ITEM 3. Discussed policy on appropriate footwear
Discussion: Types of popular footwear that is acceptable to utilize in the weight room.
Data Source: Lindsey provided pictures of examples of inappropriate athletic footwear.
Action:

ITEM 4. Review fee use for the Wellness Center
Discussion: Beginning summer 2013, students not registered for summer classes, but who completed spring classes, may join the Wellness Center for a $50 fee.
ITEM 5. Discussed activities and programs run through the Wellness Center on the campuses

Discussion:

LAKE WORTH
- Field day/Frisbee derby
- Latin dance once a month/Circuit challenge class
- Student/Staff faculty softball game Oct. 30th at 6pm
- Monthly Fitness Challenge: Wall of Fame
- Lecture and Lunch sessions begin September
- Zumba and Chi Gong classes with a contractor

PGA
- Monday thru Thursday: 6 classes offered
- P90x workout schedule
- Track your fitness program available
  - Encouraging departments to participate
  - Offering mass orientations for individual departments
- Participating in West Palm Beach Heart Walk on Sept. 29th
- Working on Student Worker Handbook to include job responsibilities and expectations

BOCA
- Student Activities funding instructors for boxing and conditioning classes
- Looking for a new Zumba instructor
- Partnering with a club to do a breast cancer walk in October
- Training challenges

BELLE GLADE
- Scheduling a field day outside
- Waiting to move equipment to face tv monitors
- Zumba in lobby on Thursdays
- Heads up for upcoming trainings for networking system org sync

Data Source:

Action: Lyn will continue to work on and follow up with cluster team.